## POSITIVE AFFIRMATION CHALLENGE

## CREATING MY IDEAL LIFE

- 1. I am increasingly confident in my ability to create the life I desire
- 2. I am creating my life according to my dominant beliefs and I am improving the quality of those beliefs
- 3. I am willing to believe that I am the creator of my life experience
- 4. I am willing to believe that by focusing on feeling good I make better choices that lead to desired results
- 5. I am worthy of love, abundance, success, happiness and fulfillment
- 6. I can do anything I put my mind to
- 7. I am successful in whatever I do
- 8. I am making things happen
- 9. I persist with confidence
- 10.I trust myself in making great decisions
- 11. I embrace my fears fully and calmly
- 12. I deeply love and accept myself
- 13.I am able to solve problems creatively
- 14.I see endless opportunities before me
- 15.I am inspired to take action every day
- 16.I am living my full potential
- 17.I am in control of my life
- 18.I am powerfully positive in everything that I think, do and say
- 19. There is a solution to every problem
- 20 I am the creator of my life experience