

SELF-LOVE AFFIRMATIONS

1. I believe in me
2. I acknowledge my own self-worth
3. I am not my mistakes
4. I accept myself unconditionally
5. I am proud of myself and all that I have accomplished
6. I am a beautiful person
7. I deserve love, compassion and empathy
8. I am enough
9. I believe in the person I dream of becoming
10. I choose to be happy and completely love myself today
11. I honor my commitments to myself
12. I choose faith over fear
13. I choose to be positive
14. I am at peace with who I am
15. I matter
16. What I give is what I receive
17. I choose to not take it personally
18. I am filled with love and compassion
19. I am wonderfully and beautifully made
20. I choose happiness today
21. I am maintaining a positive attitude
22. I am creating joy in my life
23. I have an amazing life
24. I appreciate all that I have and all that I am going to have
25. My potential is greater than the tallest mountain
26. I deserve the best kind of love
27. I know who I am
28. My life is a celebration of my successes
29. I am rich in relationships, wealth and love
30. I am enough